



## HEALTH AND BEAUTY THERAPIES

Welcome to Lusso at Carlton Towers we offer a private and tranquil setting hidden away in this spectacular stately home.

The perfect place to retreat, luxuriate and be pampered.  
Revive your spirit, indulge your senses and relax your mind.

# INDULGENCE PACKAGES

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## PURE BLISS

60 minute hot stone massage, bespoke facial, lusso hydrating pedicure and manicure. Enjoy this package with a glass of champagne. 4<sup>1/2</sup> hours

£200

## INDULGENCE

Massage and facial fusion, pure indulgence pedicure and aromatic manicure. Enjoy this package with a glass of champagne. 3<sup>1/4</sup> hours

£155

## THE FINISHING TOUCHES PACKAGE

30 minute aroma massage, 30 minute bespoke facial, File and Polish for hands, eyebrow shape. 1<sup>1/2</sup> hours

£105

## MASSAGE AND FACIAL FUSION

Aromatic massage and bespoke facial fused together for the ultimate treat. 1<sup>1/2</sup> hours

£90

## THE CLASSIC GENTLEMEN'S PACKAGE

60 minute sports massage, gentlemen's pedicure and bespoke facial. 3 hours

£155



We can tailor packages to suit if you do not see the combination you would prefer. Please see our website for a full list of treatments.

# LUSSO SIGNATURE THERAPIES FOR THE HANDS AND FEET

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## PEDICURES

Pure indulgence pedicure - 60mins	£40
Aromatic French pedicure - 60mins	£45
Callous peel pedicure - 60mins	£45
Pure indulgence pedicure with reflexology - 90mins	£70
Shellac gel pedicure - 75mins	£45
Essential pedicure - 30mins	£30
File and polish - 15mins	£20
Shellac file and polish - 25mins	£25
Gentlemen's pedicure - 45mins	£35

All pedicures 60 minutes or longer include shaping of the nail, cuticle work, exfoliation, massage on the feet and lower legs, mask and finished with your choice of colour or natural nail buff.

## MANICURES

Aromatic manicure - 45mins	£30
French manicure - 45mins	£35
Shellac gel manicure - 60mins	£35
Express manicure with polish - 30mins	£20
Shellac express manicure with polish - 35mins	£25

THE PERFECT GIFT  
LUSSO GIFT VOUCHERS & PRODUCTS

**LUSSO**  
AT CARLTON TOWERS

# LUSSO SIGNATURE MASSAGE TREATMENTS

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Massage and facial fusion - 90mins (aromatic body massage with a yon Ka facial fused together for the ultimate treat)	£90
Swedish massage - 60mins (medium pressure) - 30mins	£55 £32
Aromatherapy massage - 60mins (gentle relaxing massage with specially chosen oils) - 30mins	£58 £35
Balinese massage - 60mins (deep and firm pressure) - 30mins	£58 £35
Sports massage - 60mins (deep and firm pressure with stretching) - 30min	£58 £35
Hot stone massage - 60mins (warm stones to melt away stress) - 30mins	£60 £40
Reflexology - 45mins (promotes healing by stimulating the nerves in the body and encouraging the flow of blood by stimulating predefined pressure points in the feet.)	£40

All massages are tailored to individual needs and can be concentrated on specific areas if requested.

# LUSSO SIGNATURE TREATMENTS

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Bespoke facial and stress relieving scalp massage - 60mins Indulge in this deeply relaxing treatment.	£55
Bespoke facial and mini massage - 60mins Begin with a relaxing back massage followed by a bespoke facial tailored just for you.	£68
Lusso signature stress buster - 60mins Refresh and revive facial, back massage and scalp massage.	£68
Design your own package. Choose 3 treatments from the list below - 90mins Back massage, facial, express manicure, scalp massage, hand and foot massage, back sugar scrub.	£90

# YON KA FACIALS

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Yon Ka draws from essential oils, fruit and plant extracts and marine active ingredients to unveil a treasure of benefits that hold the secret to precious rituals and products with spectacular results.

Le grand classique (deep pore cleansing, restoring and relaxing facial) - 75mins	£65
Hydralescence (long lasting deep hydrating facial) - 60mins	£65
Optimizer (lifting and firming facial) - 75mins	£70
Alpha vital (resurfacing AHA-BHA treatment) - 75mins	£70
Plaisir d'aromas (aromatic well-being and radiance-enhancing facial) - 50mins	£55
Éclat cocoon (highly hydrating and relaxing facial with hot stones) - 50mins	£70

# CAUDALIE FACIAL TREATMENTS

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Premier Cru Facial - *Ultimate anti-aging* - 60mins £75

A massage carried out using a roller with a micro-point system that facilitates the penetration of active ingredients promoting the natural production of collagen and elastin.

Vinoperfect - *Complexion correcting/anti-dark spot* - 60mins £65

A unique radiance treatment for the complexion!

Vinexpert Firming Facial - *Firming and lifting* - 60mins £65

Specially created for skin lacking vitality and firmness.

Express D-Vine Facial - *Instant glow* - 30mins £40

Specially designed for men and women who want an instant boost of radiance.

# FINISHING TOUCHES

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Lip and chin wax	£15	Bikini wax	£15	Eyelash tint	£15
Lip or chin wax	£10	Eyebrow wax or shape	£12	Eyebrow tint	£10
Under arm wax	£10	Back wax	£22	Eyelash and eyebrow tint	£20
Lower leg wax	£18	Arm wax	£15	Eyebrow wax and tint	£19
Upper leg wax	£19	(We use gentle creme		Eyelash tint, eyebrow tint	£28
Full leg wax	£23	wax for delicate areas)		and eyebrow shaping	

# CACI TREATMENTS

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## CACI SIGNATURE NON-SURGICAL FACIAL TONING - 1hour

CACI's Signature non-surgical facial toning is an advanced non-invasive facial, with 20 years medical research behind it. Micro current impulses will lift and tone the facial muscles and the neck area, whilst improving skin elasticity and reducing the appearance of fine lines and wrinkles. This gives a more youthful, fresh appearance and glow.

£60 each or £500 for a course of 10 (saving £100)

## CACI DELUXE NON-SURGICAL FACIAL TONING - 1hour 15mins

CACI Deluxe non-surgical facial toning is perfect for those clients who want an intense version of the one hour Signature non-surgical facial toning treatment for enhanced results. It gives an extra 15 minutes to concentrate on areas of muscle laxity, aimed at mature skin types and those with specific concerns.

£75 each or £600 for a course of 10 (saving £150)

## CACI EYE LIFT - 30-45mins

The CACI Eye lift will work to lift and firm the muscles around the eye area, particularly where people tend to lose definition as they age, known as 'hooded eyes'. This treatment will also help smooth the appearance of fine lines and wrinkles.

£45 each or £350 for a course of 10 (saving £100)

## CACI JOWL LIFT - 15mins

The CACI Jowl lift has been developed to specifically target muscle laxity around the jawline which can cause drooping jowls and loose skin. This treatment is specifically designed to lift and firm the muscles and refine facial contours to give a firmer, more toned appearance.

£25 each or £200 for a course of 10 (saving £50)



**Lusso**  
AT CARLTON TOWERS

HEALTH AND BEAUTY THERAPIES  
FOR YOUR SPECIAL DAY

BRIDAL MAKE UP INCLUDING TRIAL	£150
BRIDAL MAKE UP WITHOUT TRIAL	£100
BRIDESMAID OR GUEST MAKE UP INCLUDING TRIAL	£85
BRIDESMAID OR GUEST MAKE UP WITHOUT TRIAL	£50



## GIFT VOUCHERS ARE AVAILABLE FOR PURCHASE

All first time tinting must have a patch test 24 hours before the treatment

### CANCELLATION POLICY

We require four hours notice when cancelling or rescheduling all appointments.  
A charge will be incurred for any appointments cancelled within this time or for non-attendance.

Prices may be subject to change.

LUSSO  
CARLTON TOWERS  
CARLTON YORKSHIRE DN14 9LZ

Please telephone for an appointment on 01405 861115  
email [lusso@carlontowers.co.uk](mailto:lusso@carlontowers.co.uk)

[www.lussoatcarlontowers.co.uk](http://www.lussoatcarlontowers.co.uk)



CAUDALÍE



*jane iredale*  
THE SKIN CARE MAKEUP™

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Kirsty Tomlinson ITEC VTCT